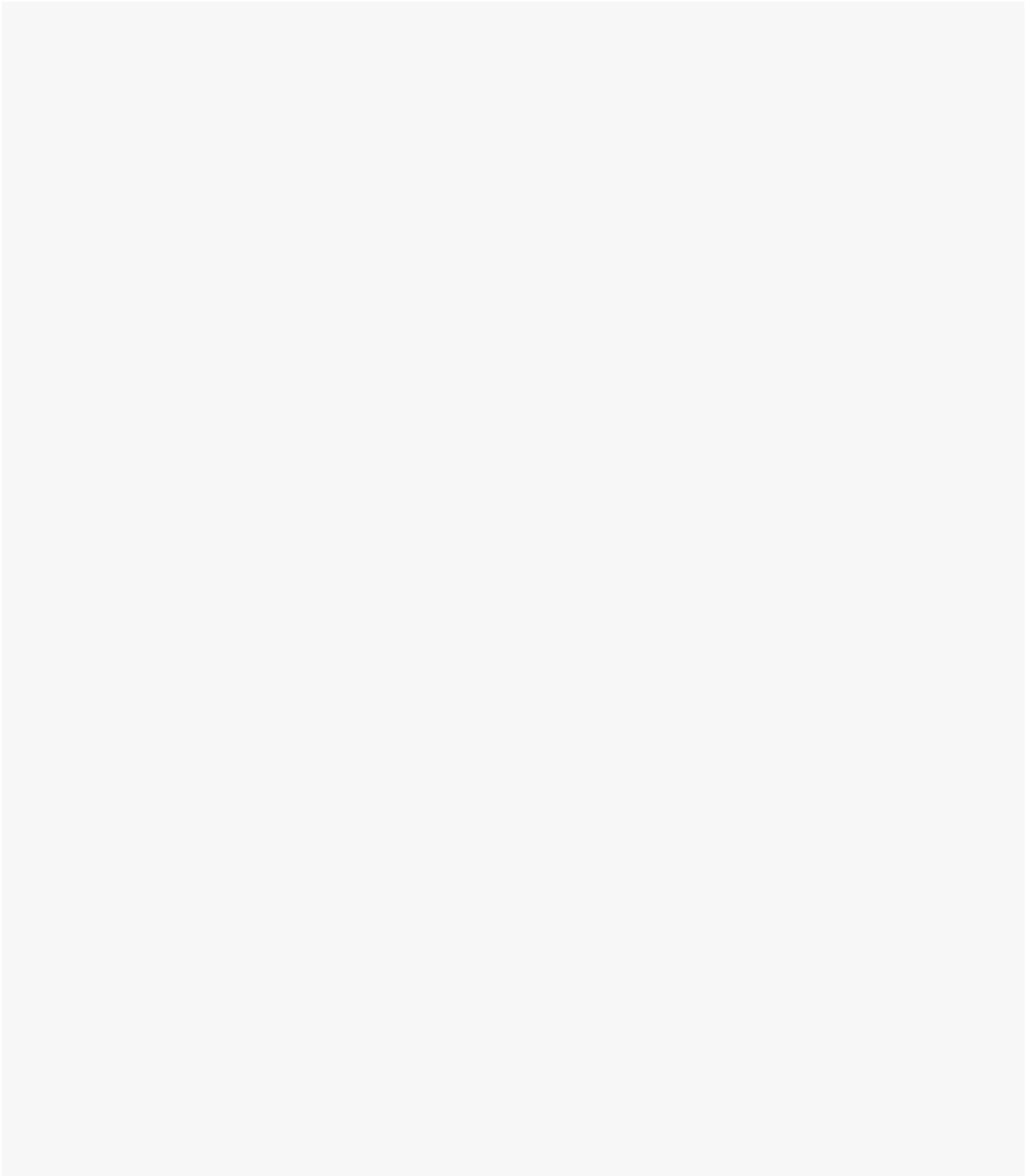


DREAMS

into Goals

Write down anything you want to achieve, the world is your oyster! And....GO!

A large, empty rectangular area with a light gray background, intended for writing down goals. It occupies the majority of the page below the introductory text.

GOAL

Categories

Organize all of your goals from the previous page into the categories below

Personal Growth Goals

Professional Goals

Finance Goals

Health + Wellness Goals

Travel + Adventure Goals

General Goals/Bucket List

DIGGING

Deeper

From the last list, choose three goals that resonates with you the most. List them below with an estimated timeline that it will take to achieve.

Goal #1: _____ **Date:** _____

Why is this goal important to you?

Goal #2: _____ **Date:** _____

Why is this goal important to you?

Goal #3: _____ **Date:** _____

Why is this goal important to you?

Select ONE goal from your list above.
This will be your goal to focus on moving
forward.

GOAL

One

List everything you need to do to achieve the goal. Be specific.

Select sub-categories for the list of items above. (EX: Budget, Training, Research, etc)

SUB *Categories*

List and organize your sub-categories (milestones), include other steps required to complete the sub-category towards your overall goal. Then prioritize each category in the order of what must be done first before moving forward to the next task.

Category:

Category:

Category:

Category:

Category:

Category:

Category:

Category:

Category:

Category:

Category:

Category:

Example:

Category: **Marketing** 1

- Facebook Ads Campaign
- Email campaign for new digital course

60 DAY *Plan*

List everything you need to accomplish to complete the first milestone identified

List everything you need to accomplish to complete the second milestone identified

PRO TIP: These become your monthly goals for your 30 day plan

MONTHLY

Goals

MONTH 1

Prioritize your monthly goals into mini goals. This is where the rubber hits the road, and your plan is streamlined into smaller tasks to achieve the goal.

Week One

Week Two

Week Three

Week Four

MONTHLY

Goals

MONTH 2

Prioritize your monthly goals into mini goals. This is where the rubber hits the road, and your plan is streamlined into smaller tasks to achieve the goal.

Week One

Week Two

Week Three

Week Four

WEEKLY

Plan

From your weekly list, add your tasks below, so you have full visibility to what you need to complete each day towards your 30 day (Milestone).

Monday

Tuesday:

Wednesday

Thursday

Friday

Weekend

WEEKLY

Plan

From your weekly list, add your tasks below, so you have full visibility to what you need to complete each day towards your 30 day (Milestone).

Monday

Tuesday:

Wednesday

Thursday

Friday

Weekend

WEEKLY

Plan

From your weekly list, add your tasks below, so you have full visibility to what you need to complete each day towards your 30 day (Milestone).

Monday

Tuesday:

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Weekend
