



# Client Intake Form

*Victoria VanDamme*

(909) 434-5287

[Victoria@21choicesmatter.com](mailto:Victoria@21choicesmatter.com)

[www.21choicesmatter.com](http://www.21choicesmatter.com)



*Victoria VanDamme*

(909) 434-5287

Victoria@21choicesmatter.com

www.21choicesmatter.com

First Name :

Phone :

Last Name :

Email :

Birthdate :

Spiritual Information :

List any coaching, counseling and or mentoring you are currently receiving or have received in the past :

List your characteristics as you know them :

How would your closest friends describe you :

Do you consider yourself to be a loyal, consistent person ? :



*Victoria VanDamme*

(909) 434-5287

Victoria@21choicesmatter.com

www.21choicesmatter.com

What are you looking for in a Coaching Experience ? :

Are you available for a weekly / monthly appointment ? :

How long do you anticipate the coaching commitment to be ? :

Are you a person who values others time ? :

Are you prepared to be open and honest while participating alongside your coach for your spiritual growth ? :

## Instructions on how to use this form :

This Intake Form can be filled out in two different ways allowing you to do what you most fill comfortable with.

### Option 1 - Interactive PDF

You can use software on your computer to fill out your answers for each question directly on this pdf itself. Then you'll save the file and email it to Victoria at Victoria@21choicesmatter.com

### Option 2 - Print & Sign PDF

You can print out each page of this Intake Form PDF to paper. Afterwards you'll fill out each answer using a pen. Please print clearly so we can read your answers. You can then bring your form in-hand to Victoria's office on your first or next appointment.

---

Client Signature

---

Coach Signature

---

Date